



IMPORTANT DATES

JULY 31

- › Deadline for safety council program enrollment
- › Deadline for PRIVATE employer Drug Free Safety Program (DFSP), and Industry Specific Safety Program (ISSP)
- › Deadline for PUBLIC employer Deductible, One Claim, and Individual-Retrospective-Rating programs

AUG 15

- › True-up deadline

SEPT 30

- › Deadline for PUBLIC employer DFSP, One Claim, and EM Cap programs

Follow Us!



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variskservices.com

Your Satisfaction is Our Goal

PRIVATE EMPLOYER TRUE-UP

It's time for private employers to true-up their payroll for the previous policy year (July 1, 2018 to June 30, 2019). The BWC sets your employer premiums based on the amount of payroll reported. If your true-up payroll exceeds the estimated payroll, you'll owe additional premium. If it's less, you'll receive a premium credit.

Employers must complete the payroll true-up report online on the BWC's website by the August 15th deadline. Visit the [Payroll true-up report](#) page for more information.

If you are enrolled in the [Go-Green Rebate Program](#), you must also be enrolled in electronic notifications and opt to receive policy notices electronically *prior* to completing true-up.

BWC's Workers' Comp

'TRUE-UP'

Deadline is August 15, 2019

V+A
RISK SERVICES

Providing Ohio Employers with the personal touch in
Workers' Compensation claims and policy management

BWC IS GIVING BACK \$1.5 BILLION

The BWC Board of Directors have approved Governor Mike DeWine's proposal to send \$1.5 billion of the agency's revenues back to Ohio employers.

The move marks the fifth time since 2013 the agency has returned at least \$1 billion to employers following improved operational efficiencies, strong investment returns and falling injury claims. The BWC will begin sending the checks in late September.



IMPORTANT DEADLINES FOR EMPLOYER PROGRAMS

JULY 31

All Employers: [Safety council rebate program](#) - employers must enroll in a local safety council

Private Employers: [Drug Free Safety Program](#) (DFSP) or [Industry-Specific Safety Program](#) (ISSP) - employers must submit a [Safety Management Self-Assessment](#) (SH26)

Public Employers: [Deductible, One Claim](#) (OCP), or [Individual-Retrospective-Rating](#) programs - employers must apply for the program year beginning Jan. 1, 2020
[Policy Activity Rebate program](#) - employers must apply for the policy year that began Jan. 1, 2019

AUGUST 30

Private Employers: [Advanced DFSP](#) - advanced level participants for the July 1 policy year must submit a DFSP [Safety Action Plan](#) (DSFP-5)

SEPTEMBER 30

Public Employers: [DFSP](#) - employers must submit an annual report
[OCP](#), and [EM Cap](#) - employers must complete education requirements

OSHA'S SAFE + SOUND WEEK

Safe + Sound week is a nationwide event to celebrate the successes of businesses that have implemented health and safety programs in the workplace.

For information on developing a program and how you can participate, visit www.osha.gov/safeandsoundweek



SUMMER SAFETY TIPS

We had a chilly spring but summer should bring us some hot temperatures. Make sure you are working and playing safely in the heat. When the body loses excessive water and salt, usually due to sweating, heat exhaustion and heat stroke can escalate rapidly potentially leading to organ damage and even death. Learn the signs to keep yourself and those around you safe this summer.

Heat Exhaustion

Symptoms:

- Sweating
- Pale, ashen or moist skin
- Muscle cramps
- Fatigue or weakness
- Headache, dizziness or fainting
- Nausea or vomiting
- Rapid heart rate

Treatment:

- Move yourself or victims to a shaded or air-conditioned area
- Drink water or other cool, nonalcoholic beverages
- Apply wet towels or have victim take a cool shower

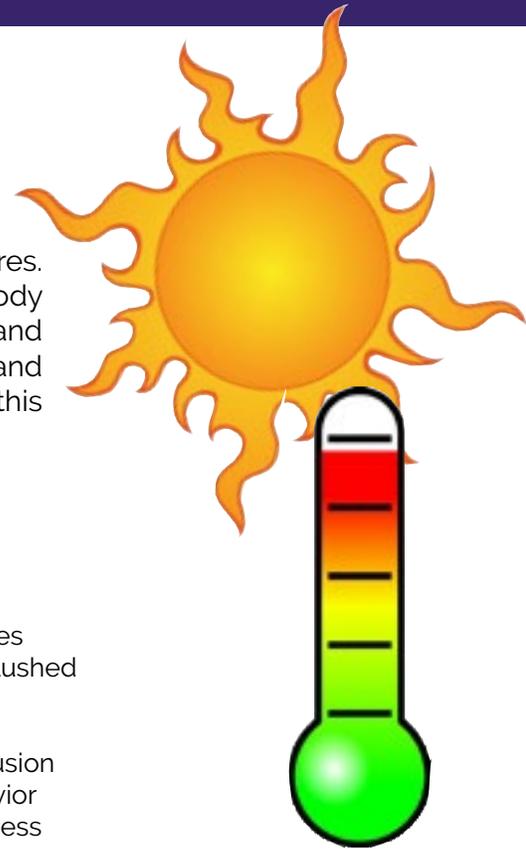
Heat Stroke

Symptoms:

- Body temp above 103 degrees
- Skin is hot to the touch and flushed
- Sweating has stopped
- Rapid breathing
- Headache, dizziness or confusion
- Irrational or belligerent behavior
- Convulsion or unresponsiveness

Treatment: Immediately take action!

- Call 911
- Move to a cool place
- Remove unnecessary clothing
- Immediately cool the victim by immersing them up to their neck in cold water, placing in a cold shower or cover as much of the body as possible with cold, wet towels until body temp drops to 101 degrees
- Monitor the victim's breathing and be ready to give CPR if needed



Heat Safety Tool

Keep your workers safe in the HEAT

The OSHA-NIOSH Heat Safety Tool features:

- A visual indicator of the current heat index in your area
- Precautionary recommendations specific to heat index-associated risk levels
- First aid information for heat-related illnesses
- More tools to help you work safe in the heat

The free Heat Safety Tool is available for Android and iPhone devices.

Available on the Google Play and App Store.

V+A
VIA SERVICES

Keep your workers safe in the heat!

The OSHA-NIOSH Heat Safety Tool gives you vital safety information right on your mobile phone. Install the free app by clicking the link below for your device.

BWC SAFETY INNOVATION AWARDS APPLICATIONS

If your company has created an innovative and effective safety program, The BWC wants to award you!

Applications are now being accepted from Ohio employers for the BWC's annual Safety Innovation Awards.

The awards program recognizes employers for innovative and creative solutions they have developed that has resulted in the reduction of workplace injuries and illness. Innovations come in many forms including advanced technologies, creative use of existing equipment, or unique processes and practices. Finalists compete for cash awards that will be presented at the 2020 Ohio Safety Congress & Expo.



Awards:

- 1st Place - \$6,000
- 2nd Place - \$4,000
- 3rd Place - \$3,000
- Honorable mention - \$1,500

For more information or to submit your application,

[Click Here](#)

DRONES AREN'T JUST TOYS ANYMORE!



What used to be a toy has quickly turned into a highly versatile tool for a variety of industries. Drones are now used in construction, refineries, agriculture, warehouses and many more worksites. One of the best uses for this flying eye in the sky has been to improve jobsite safety.

Falls and exposure to hazardous substances are two of the leading causes of death and injury in the workplace. Many companies are now using drones to inspect hard-to-reach and dangerous locations such as confined spaces, roofs and the sides of tall buildings and

towers - eliminating the need for someone to scale a shaky ladder or scaffolding, or to climb into a pipe or deep trench.

While many companies hire drone contractors for the work, some are hiring their own drone operators for basic image capturing. The BWC now has an Unmanned Aircraft System (UAS) program that can assist employers who would like to start using drones. Part of the program is helping companies navigate regulations, training and operational knowledge needed to use drones commercially.

If you are interested in starting a drone program, you can contact Joshua Grappy, the BWC's UAS Program Coordinator at 419-227-6907 or joshua.grappy@bwc.state.oh.us

CLIENT SPOTLIGHT



If you have ever driven on any highway or road in America, you have undoubtedly seen a MAC Trailer. Did you know those trailers got their start right here in Ohio?

MAC Trailer was started in 1992 by Michael A. Conny in a single-bay garage with an \$8,000 loan from his mom. His one-man operation repairing wrecked trailers has grown to be one of the foremost trailer manufacturers in the nation. They are based out of two locations in Alliance, OH, The growing company also has facilities in Salem and Kent, OH, Billings, MT, Davis and Oklahoma City, OK, and Rhome, TX employing over 1,300 that service both national and international markets.



MAC is the largest builder of dump trailers and also produces flatbed and transfer trailers, straight truck bodies, dry bulk pneumatic tanks for both food grade and raw materials, and an entire line of liquid tank trailers equipped for gas, oil, fertilizer or food grade materials.

Maintaining quality and continuously striving for improvement is the driving force behind MAC's impressive growth. They have an R&D Center where they invest considerable amount of time and resources each year. They also visit job sites where they listen to

and witness first hand their customers' needs. This enables MAC to engineer and produce products with a higher level of innovative technology to meet today's ever changing market.

In addition to building great trailers, MAC is also helping to build great communities around their facilities. One way they are accomplishing this is by partnering with Alliance City Schools to help foster a welding program. MAC recently hired six welders from that program and hosted a banquet for program members from local high school trade schools..

For more information about MAC Trailer, visit www.mactrailer.com.



If you would like your company featured in our Client Spotlight, email Kate Nelson at knelson@variskservices.com

STOP BY AND SAY HI...

- July 13 - **TRCC - Hole 14 Chamber Canteen at the Marathon LPGA Classic**
Highland Meadows Golf Club, Sylvania, OH
- July 25 - **TRCC - Clambake**
Hollywood Casino, Toledo, OH
- Aug 9 - **Defiance Area Chamber of Commerce - Annual Member Appreciation Day**
DACC Office, Defiance, OH
- Aug 12 - **NOHRA - Annual Golf Outing**
Stone Oak Country Club, Holland, OH
- Aug 12 - **NOAA - Monthly Networking Meeting**
Appliance Center, Sylvania, OH
- Sept 3 - **Toledo Trucking Association - Golf Outing**
Maumee Bay State Park, Oregon, OH
- Sept 9 - **TRCC - Annual Golf Outing**
Stone Oak Country Club, Holland, OH
- Sept 11 - **NOAA - Monthly Networking Meeting**
Appliance Center, Sylvania, OH
- Sept 14 - **Jim Vassar Memorial Golf Outing**
Spuyten Duyval Golf Club, Sylvania, OH
- Sept 20 - **Safety Council of Northwest Ohio - Golf Outing**
Bedford Hills Golf Club, Temperance, MI
- Every Monday - **Rotary Club of Toledo**. Park Inn, Toledo, OH

Every Monday
Rotary Club of Toledo
Park Inn, Toledo, OH



JIM VASSAR MEMORIAL GOLF OUTING

Jim Vassar started V+A Risk Services and served as president until he lost his fight against brain cancer in 2013. Jim grew to love the game of golf so what better way to recall his good nature, sportsmanship and love of the outdoors than to tee it up over some cold brews in his memory. The tournament has raised over \$100,000 towards causes including curing brain tumors and rehab for those affected by tumors.

**7th Annual Jim Vassar
Memorial Golf Tournament**

Saturday, Sept. 14
Time: TBD

www.vasmangolf.com

**SPUYTEN-DUYVAL
GOLF CLUB**

JUST FOR FUN

July



July 17th
is National
Ice Cream Day!

America's Favorites

1. Vanilla
2. Chocolate
3. Cookies & Cream
4. Mint Choc. Chip
5. Choc. Chip Cookie Dough
6. Butter Pecan
7. Cookie Dough
8. Strawberry
9. Moose Tracks
10. Neapolitan

Ohio's
#1



Chocolate
Peanut Butter

V&A Favorites

1. Mint Choc. Chip
2. Chocolate Peanut Butter
3. Butter Pecan
5. Coffee

August



Ingredients

- 1 2/3 cups water
- 1 to 2 tsp active dry or instant yeast
- 1/4 cup olive oil
- 5 cups all-purpose flour
- 2 tsp salt

Your favorite pizza sauce and toppings

- 1) Mix water and yeast (1 tsp to rise overnight, 2 tsp for same day) in a large mixing bowl. Let stand a few minutes until yeast is dissolved. Stir the oil into the yeast mixture, then add flour and salt. Mix with a spatula until a floury dough is formed.
- 2) Knead the dough by hand on the counter for 6 to 8 minutes. The dough should form a smooth ball and spring back slowly when poked.
- 3) Cut the dough into 8 lumps. Lightly grease a baking pan with olive oil or cooking spray. Place dough balls in the pan and turn over to coat them with the oil. Cover the pan with plastic

wrap or a damp kitchen towel. Let the dough slowly rise in the refrigerator overnight. Remove from fridge and let sit for 1 hour before making pizza.

Making the Pizza

- 1) Preheat your grill to medium-high heat.
- 2) Working one ball at a time, stretch and pull the dough ball in your hands into a round. Drape it over your fists to continue stretching it into a large, thin round or roll on a well floured surface.
- 3) Brush both sides with additional oil and carefully place on grill. Grill for approx. 3 minutes until bottom is lightly browned.
- 4) Flip the crust over and place on a cookie sheet or pizza paddle grilled side up.
- 5) Add your favorite sauce, cheese and toppings.
- 6) Carefully slide pizza onto grill and cook an additional 3 to 4 minutes until bottom of the crust is browned and cheese is melted. Remove and enjoy!

Grilled Pizza!

So delicious
fun to make!

SEPTEMBER



9/2/2019

